

Mid-Year Expectations		End of Year Expectations
Higher Prior Attainer	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students have developed the fundamental techniques in a range of sports and activities in isolation and simple drills. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students consistently demonstrate simple decision making skills in activities and games. Students can define a tactic and strategy with a practical example. <p>Personal development.</p> <ul style="list-style-type: none"> Students can identify at least 1 area of strength and for improvement of own or others performance. Students know the teaching points for the skills they have learned. <p>Knowledge and understanding of health and physical activity.</p> <ul style="list-style-type: none"> Students can identify and name the muscles in the arms and legs and demonstrate this through the warmup. Students are confident to keep score in a variety of activities. 	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students can confidently perform and apply the core skills in the different activities with consistency. Students know how and when to apply these when performing. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students can use simple tactics and strategies to outwit their opponent. Students can confidently select the appropriate skill to use in a given situation e.g. overhead clear in badminton. <p>Personal development.</p> <ul style="list-style-type: none"> Students can evaluate own or others performance and suggest how to improve using their knowledge of teaching points correctly. <p>Knowledge and understanding of health and physical activity.</p> <ul style="list-style-type: none"> Students can successfully lead a partner through all 3 stages of a warm up, and describe its importance. Students can accurately keep correct score throughout the game in all activities covered and can keep score and explain decisions that have been made when officiating 1 activity with assistance, taking responsibility for officiating. Students can identify all the components of fitness and link to sport.



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Middle Prior Attainer	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students can perform the basic/core skills in at least 2 sports e.g. passing in a range of activities, with some control and success. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students can demonstrate simple decision making skills in activities and games e.g. when and where to pass in a game. <p>Personal development.</p> <ul style="list-style-type: none"> Students can correct faults when given feedback from teacher and know teaching points for most skills learned. Students can work cooperatively within small groups. <p>Knowledge and understanding of physical activity.</p> <ul style="list-style-type: none"> Students can identify the 3 stages of a warm up and follow demonstrations of stretches correctly, gaining confidence in naming the muscles being stretched. Students can keep score throughout with some accuracy and know how to restart a game. 	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students can perform most of the basic/core skills e.g. passing in a range of activities, in isolation and simple drills. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students can define a tactic and strategy. Students can select and apply the appropriate skill in given situations with some success. <p>Personal development.</p> <ul style="list-style-type: none"> Students can identify strengths and weaknesses in own or other's performance. <p>Knowledge and understanding of health and physical activity.</p> <ul style="list-style-type: none"> Students can identify the muscles in the arms and legs and demonstrate this through the warmup. They can lead one section of a warmup with some success. Students gaining confidence at scoring a game using the appropriate scoring system and know how to restart the game. Students know some of the components of fitness.



Mid-Year Expectations		End of Year Expectations
<p>Lower Prior Attainer</p>	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students can perform some core skills with some inconsistency. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students attempt to select the right skill to perform in pressured situations e.g. which pass to make in netball or which roll to perform in a sequence. <p>Personal development.</p> <ul style="list-style-type: none"> Students can listen to feedback from the teacher and attempt to make improvements. Students can work within small groups. <p>Knowledge and understanding of health and physical activity.</p> <ul style="list-style-type: none"> Students can follow a warmup and know what it does to their body. Students can identify who has won or lost a game using the appropriate scoring system. 	<p>Development of practical skills in a range of sports.</p> <ul style="list-style-type: none"> Students know some of the basic skills, techniques used in sports and physical activities. <p>Decision making skills.</p> <ul style="list-style-type: none"> Students now regularly attempt to apply core skills when performing with some success. <p>Personal development.</p> <ul style="list-style-type: none"> Students work hard to demonstrate a good level of effort and resilience towards making progress. <p>Knowledge and understanding of health and physical activity.</p> <ul style="list-style-type: none"> Students will be expected to identify at least 2 stages of a warmup and follow a demonstration accurately. Students should be able to keep the correct score throughout and know how to restart the game correctly after a score has been made.

